

## Free Music Café

For people living with dementia, their carers and family members



The Monastery





For people living with dementia, their carers and family members. Come for a morning of making music and meeting new friends.

Free Refreshments • Fully Accessible • Covid-safe Environment

The Manchester Camerata Music Cafe at The Monastery provides free music-making workshops for people living with dementia and carers, plus information and training on how to use music at home to help your loved ones.

These free music sessions run every Wednesday morning at 10.30am (please arrive from 10am).

All are welcome to join this free music group of family carers and people with dementia, make new friends and write your songs – even have a dance!

This Café has been generously funded with thanks to The McLay Dementia Trust.







To book your free place, please email info@manchestercamerata.com









